



GIRU STATE SCHOOL BEHAVIOUR REFLECTION

Name: _____

1. Which school rule did I break? (Circle the rule or rules)



2. Why did I break the rule? (Circle the reason)



I didn't want to do my work



I wanted someone's attention



Other Reason

3. How was I feeling? (Circle the picture)

happy

sad

mad

scared

frustrated



4. Draw a picture or write what happened and what you did.

What I chose to do:

kick



hit



push



bite



talk or scream



run



not work



pinch



use unkind words



throw something



5. Draw a picture or write what you should do next time.

Next time I can choose to:

have SAFE feet



have SAFE hands



use kind words



listen and not talk during instruction



ask for a calm break



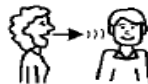
say "I need space."



ask someone to "Please stop."



follow directions



stay in my work area



say, "I don't understand."



6. Draw or write what happens when I make a positive choice.

When I make a positive choice like that:

others will want to be with me



others will feel good around me



others want to play with me



people will know that I am kind



I will feel proud of myself

